

Voedingswaarden Koningsdag donuts

Donut / Waarde per donut	Energie		Vet		Vet (verz)	Vet (onverz)	Vet (meerv. Onv.)	Koolhydraten	Waarvan suikers	Eiwit	Zout
	KJ	KCAL	G	G	G	G	G	G	G	G	G
ADVOCAATJE	1460	349	22	12	8	0	17	15	1	0	
BANANA PUDDING	1389	331	16	8	6	2	42	22	4	1	
BOKKE POOTJE	1595	381	24	13	7	0	21	19	1	0	
BOSTON CREME	1301	310	17	8	6	3	36	17	4	0	
BROWNIE PARTY	1839	440	26	11	7	3	45	26	5	0	
CANDY CRUNCH	1333	318	19	9	6	0	16	14	1	0	
CHOCOLATE RAINBOW FLOWER	1154	276	14	6	0	0	19	16	4	1	
COCONUT ISLAND	1681	402	23	8	0	7	44	25	5	6	
COOKIE & CO BLUE	1308	311	16	7	6	0	23	21	0	0	
COOKIE & CO PINK	1308	311	16	7	6	0	23	21	0	0	
CRUNCHY DONUT FILLED WITH NUTELLA	1363	327	19	10	12	7	32	16	5	0	
DUTCH FLAG	1560	372	19	8	7	2	47	26	4	1	
DUTCH LION	1913	458	27	14	8	3	48	29	5	0	
DUTCH OREO	1797	428	21	8	0	4	54	32	5	1	
LEMON MERINGUE CHEESECAKE	1418	338	15	6	4	3	47	21	5	0	
LOTUS SENSATION	1555	371	19	7	0	4	44	24	4	1	
MILKY KING	1465	349	17	8	6	0	30	26	0	0	
NUTELLA CROISSANT DONUT	2440	583	40	18	12	2	50	28	7	0	
ORANGE LOLLY POP	1398	333	17	8	6	0	25	20	1	0	
ORANGE MERINGUE PARTY	1457	347	17	8	6	3	45	24	4	0	
ORIGINAL GLAZED	1103	263	15	7	6	0	12	10	0	0	
PEANUT BUTTER	1551	389	24	8	12	3	34	14	8	0	
PISTACHE	1165	279	18	9	7	0	8	7	1	0	
RASPBERRY CHEESECAKE	1397	333	17	8	6	0	26	23	1	0	
RED VELVET CHEESECAKE	1594	381	24	13	8	0	19	14	2	0	
RED VELVET CROISSANT DONUT	2133	509	33	17	12	3	48	24	6	0	
ROCKY ROAD	1672	399	20	9	7	3	49	30	4	0	
ROZE KOEK	1514	361	18	8	6	3	45	24	5	0	
STRAWBERRY & CREME	1595	381	21	10	6	2	44	19	5	0	
STRAWBERRY RAINBOW FLOWER	1158	276	14	6	0	0	19	16	4	1	
STROOPWAFEL	1389	332	16	8	8	2	42	23	3	0	
SWIRL DONUT FILLED WITH NUTELLA	1369	328	20	10	12	7	31	17	5	0	

Voedingswaarden Koningsdag Munchkins

Munchkins / Waarde per Munchkin	Energie		Vet		Vet (verz)	Vet (onverz)	Vet (meerv. Onv.)	Koolhydraten	Suikers	Eiwit	Zout
	KJ	KCAL	G	G	G	G	G	G	G	G	G
CHOCOLATE MUNCHKIN	444	106	7	3	2	1	9	5	1	0	
CREME MUNCHKIN	374	89	4	3	1	1	11	6	1	0	
HAZELNUT MUNCHKIN	444	106	7	3	2	1	9	5	1	0	
SPRINKLE MUNCHKIN	444	106	6	4	1	1	12	7	1	0	
STRAWBERRY MUNCHKIN	456	103	6	4	1	1	13	10	1	0	
WHITE CHOCOLATE SPECULOOS MUNCHKIN	551	132	9	6	2	1	12	9	2	0	